

### UMC's Evolution from Pathway to Excellence to Magnet Cathleen Hamel MS, RN, NEA-BC



## BACKGROUND

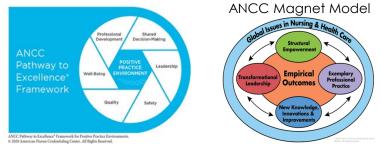
UMC started it's Shared Governance approach in July 2017 and achieved Pathway to Excellence in May 2020. As UMC continues on the Journey to Magnet Designation it was identified that the core foundational guiding documents that identify the essence of nursing practice and care at UMC was not clearly defined. Core foundational documents includes identification of a nursing theorist that guides patient care & practice, a nursing philosophy developed by representatives of the nursing staff, a pictorial of UMC nurses Professional Practice Model, description of UMC's care delivery model, embracing all nursing standards and scope of practice at national, state and local levels and incorporation of the ANA Code of Ethics into our practice environment,

### PURPOSE

To create, communicate and enculturate core foundational documents into the patient care environment at UMC.

## METHODS

Obtain vast nursing voice into elements of each portion of the foundational documents via discussions at unit, divisional and system wide councils, hold individual and group meetings on specific elements, incorporate evidence based literature and the ANCC Pathway to Excellence and Magnet criteria.



#### Foundational Documents Include:

- Kristen Swanson's Theory of Caring
- Nursing Philosophy
- Professional Practice Model Schematic (PPM)
- Care Delivery System (CDS)
- Scope of Practice (ANA, NRS, NAC & UMC)
- Code of Ethics for Nurses (ANA 2015)

CULTURE CROSSWALK - UMCSN Nursing Division Nursing Theory Supports Integration of Service Concepts, Organizational Values and Plans V8 07.01.21				
Theory of Caring® (1991) Relationship-Based Care (RBC) Dr. Kristen Swanson Five Caring Processes (Nursing Mid-Range Theory)	Servant Leadership® Nurse Leaders: CNO, ACNO/Director, Nurse Manager	ICARE4U (UMCSN Employee Recognition)	Pathway to Excellence 1-Shared Decision-Making 2-Leadership 3-Safety 4-Quality 5-Well-Being 6-Professional Development	Magnet Nursing Excellence TL – Transformational Leaders SE – Structured Empowerment EP – Exemplary Practice NK – New Knowkedge, Innovations Improvements (Research, EBP, PI
Knowing Avoid assumptions Centering on the one cared for Assessing thoroughly Seeking cues Engaging the self of both	Be Authentic Be who you are in every circumstance no matter what or to whom.	[dentify yourself by name and specialty	Leedership Accessibility, Advocacy, Responsiveness, Peer Review Professional Development Competency, ITP role Safety Identifies Pt "Risk"	Tt. Nurse Leaders Advocate for Nursing Care Resources, Use Trended Data as Knowledge, Use Clinical Nurse (CN) Input for Chan SE Professional Development
Being With Being there Conveying ability Sharing feelings Not-burdening	Be Present Whole-self available at all times to self and others Actively address issues - problems Deliberate Focused Concentration Centering techniques	<u>Communicate</u> in easy to understand terms/words. Sit down and be at eye level when talking to patients	Quality Nurse-Sensitive Indicators, EBP IPOCs, ITP Teams Patient/Family Input Safety Rounding Care Handotts	TL Afigned Nursing Strategic Pilm EP RN Satisfaction – National Benchmark Practice Environment Scale (PES) EP Relationship – Based Care (RE SE Culturally & Socially Sensitive Care EP Empirical Patient Outcomes (E Demonstrate Care Effectiveness
Doing For Comforting Anticipating Performing skill/ully/competently Protecting Preserving dignity	Be Useful An ultimate resource	<u>Ask</u> patients if they understand their care-treatment. Ask permission before examining.	Shared Decision-Making Shared Governance, ITP Teams Safety Scheduled & Direct Tollseng, SWAT Team, Rounding "Ps" and "At Risk" Quality EBP, Pt Engagement Professional Development PTAP, Career Ladder	EP Evidence-Based Practice (EBP Standards Used in Care Delivery System (CDS) EP Interprofessional Plans of Care (PPOC) NK Nurses Involved in Technology NK Nurses involved in Technology NK Nurses involved in Sectore based findings in practice
Enabling Informing'explaining Supporting'allowing Focusing Generating Alternatives & Thinking It Through Validating/Giving Feedback.	Be Vulnerable Honest with your feelings Open with your doubts - fears Admit mistakes - course correct, which takes courage & internalizing new beliefs about control. Lead along aide Empathize with others' experience - feelings.	Exit every conversation by asking "is there anything else I can do 4-UP? or "What questions do you have?"	Professional Development Critical Thinking Patient Education IPOCS, ITP, Care Handoffs Patient Engagement Leadership Performance review, self-appraisal, peer feedback, isdividual development plans	TL CNO Advocacy for Mentoring & Succession Planning SE Professional Development SE Patient Education SE Preceptors, Transition Program SE Shared Leadership EP Peer Review, Individual Dev PI EP Improved Patient Outcomes NK Nursing Research
Maintaining Belief Believing in holding in esteem Maintaining a hope-filled attitude Offering realistic optimism Going the distance	Be Accepting Acceptance is far more important than approval	<u>Respond</u> timely and professionally to patients and other hospital staff (Trustworthy)	Professional Development Career Ladder Well-Being Work-Life Balance Leadership: Teams - ITP	Magnet Model: Journey 2 Excellen EP – Theory (RBC), Philosophy, P Practice Model (PPM), Care-Delw System (CDS), Scope of Services, Nursing Ethics NK Research, EBP, PI & Innovatio

**CDS** delineates UMC nurses authority & accountability for clinical decision making & outcomes. Elements include communication, Decision Making, Staffing & Resources, Nursing Practice Environment.

Philosophy - available in booklet

### RESULTS

Production of all foundational documents into a booklet distributed throughout the organization, review & discussion at councils and department meetings across the organization, articles submitted to the organizations newsletter "The Pulse" and utilization of the foundational elements in practice and projects.

# CONCLUSIONS

UMC intraprofessional team continues to evolve to a higher level of enculturation of the Pathway to Excellence and Magnet principles in their professional practice and clinical care of the patient. The intraprofessional collaboration and utilization of these guiding elements results in improved outcomes for the patient and ultimately the ANCC designations



# REFERENCES

Available upon request Foundational Document Booklet

